

ahm recognition criteria for complementary and alternative therapies

This document outlines the essential educational requirements and additional fund rules necessary for providers to become a recognised provider with ahm for the following complementary and alternative therapies:

Acupuncturist

Alexander Technique Teacher

Aromatherapist

Biochemist

Bowen Therapist

Feldenkrais Method Practitioner

Herbalist

Homeopath

Kinesiology Practitioner

Myotherapy

Naturopath

Reflexologist

Remedial Massage Therapist

Rolfing

Shiatsu Therapist

Traditional Chinese Medicine Therapist

Provider type: Acupuncturist**Minimum educational qualifications**

Completion of a 4 year full-time or equivalent (approx 2000 hours) Advanced Diploma or Degree course.

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Acupuncture Chinese Medicine Association (AACMA)
- Australian College of Acupuncturists (ACAL)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional Chinese Medicine Association (ATCMA)
- Australian Traditional Medicine Society (ATMS)
- Federation of Chinese Medicine and Acupuncture Societies of Australia (FCMA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate

Provider Type: Alexander Technique Teacher**Minimum educational qualifications**

Completion of a 3 year Alexander Technique Teacher course consisting of 1600 class hours and clinical practice.

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Society of Teachers of the Alexander Technique
- Australian Traditional Medicine Society (ATMS)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate

Provider Type: Aromatherapist**Minimum educational qualifications**

Completion of a government accredited Diploma of Aromatherapy (HLT51407) or Advanced Diploma of Aromatic Medicine (HLT60907).

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- International Aromatherapy & Aromatic Medicine Association Incorporated
- Australian Traditional Medicine Society (ATMS)
- Australian Natural Therapies Association (ANTA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate

Provider Type: Biochemist**Minimum educational qualifications**

Completion of a university degree in biochemistry or a related science such as chemistry.

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australasian Association of Clinical Biochemists

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate

Provider Type: Bowen Therapist**Minimum educational qualifications**

Completion of a total of 720 hours of educational training, which as a minimum must consist of:

- 120 hours of Anatomy and Physiology
- 100 hours of basic and advanced Bowen Technique
- 500 hours of clinical practice

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Bowen Therapists Federation of Australia (BTFA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate

Provider Type: Feldenkrais Method Practitioner**Minimum educational qualifications**

Completion of a 4 year Feldenkrais Professional Training Program consisting of:

- 2 years (400 hours) tuition in Awareness Through Movement and
- 2 years (400 hours) tuition in Functional Integration

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Feldenkrais Guild

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate

Provider Type: Herbalist**Minimum educational qualifications**

Completion of a university or government accredited Diploma, Advanced Diploma (HLT60107) or Degree in Herbal Medicine which as a minimum consists of:

- 300 hours in herbal medicines
- 400 hours in medical sciences, including anatomy and physiology, chemistry
- 100 hours clinical practice

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Natural Therapists Association (ANTA)
- Australian Traditional Medicine Society (ATMS)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Homeopath

Minimum educational qualifications

Completion of a 3 year full-time or equivalent course that complies with the government accredited Advanced Diploma of Homeopathy (HLT60607).

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Natural Therapists Association (ANTA)
- Australian Traditional Medicine Society (ATMS)
- Australian Register of Homeopaths

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements

1. Professional indemnity insurance

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Kinesiology Practitioner

Minimum educational qualifications

Completion of a government accredited Certificate IV in Kinesiology (HLT42807) or Diploma of Kinesiology (HLT51507) or an association accredited diploma in Kinesiology which as a minimum consists of:

- 500 hours of Kinesiology
- 50 hours of Anatomy and Physiology
- 40 hours of Nutrition
- 80 hours of communication skills and practice management

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Institute of Kinesiologists Ltd
- Australian Kinesiology Association
- Australian Traditional Medicine Society (ATMS)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements

1. Professional indemnity insurance

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Myotherapy**Minimum educational qualifications**

Completion of a 2 year full-time or equivalent course that complies with the government accredited Advanced Diploma of Remedial Massage (Myotherapy).

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Association of Massage Therapists (AMT)
- Australian Natural Therapists Association (ANTA)
- Institute of Registered Myotherapists of Australia (IRMA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Naturopath

Minimum educational qualifications

Completion of a university or government accredited Diploma, Advanced Diploma of Naturopathy (HLT60507), Advanced Diploma of Ayurveda (HLT60707) or Degree in Naturopathy or an association accredited 3 year full-time or equivalent (2100 hours) naturopathic course.

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Association of Ayurveda Inc (AAA)
- Australian Natural Therapists Association (ANTA)
- Australian Naturopathic Practitioners Association (ANPA)
- Australian Traditional Medicine Society (ATMS)
- Complementary Medicine Association (CMA)
- National Herbalists Association of Australia (NHAA)
- Naturopathic Practitioners Association (NPA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements

1. Professional indemnity insurance

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Reflexologist

Minimum educational qualifications

Completion of a government accredited Certificate IV in Reflexology or an association accredited diploma in Reflexology consisting of:

- 100 hours of Reflexology Theory and Practice
- 100 hours of other complementary therapy techniques including nutrition, bach flower remedies and tissue salts
- 50 hours of anatomy and physiology
- 30 hours of supervised clinic practice
- 20 hours of practice management

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Traditional Medicine Society (ATMS)
- Reflexology Association of Australia (RAA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements

1. Professional indemnity insurance

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Remedial Massage Therapist

Minimal educational qualifications

Completion of a government accredited Diploma of Remedial Massage Therapy (HLT50302 & HLT50307).

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Association of Massage Therapists (AMT)
- Association of Remedial Masseurs Inc (ARM)
- Australian Acupuncture Chinese Medicine Association (AACMA)
- Australian Association of Massage Therapists (AAMT)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional Chinese Medicine Association (ATCMA)
- Australian Traditional Medicine Society (ATMS)
- Federation of Chinese Medicine and Acupuncture Societies of Australia (FCMA)
- Institute of Registered Myotherapists of Australia (IRMA)
- Massage Association of Australia
- Massage Australia

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements

1. Professional indemnity insurance

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Rolfing**Minimal educational qualifications**

Completion of Unit 1 – Foundations of Rolfing, Unit 2 – Embodiment of Rolfing and Rolf Movement Integration and Unit 3 – Clinical Application of Rolfing Therapy.

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Rolfing Association

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Shiatsu Therapist**Minimal educational qualifications**

Completion of a government accredited Diploma of Shiatsu and Oriental Therapies (HLT50202 & HLT50207).

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Association of Massage Therapists (AMT)
- Australian Traditional Medicine Society (ATMS)
- Massage Australia
- Shiatsu Therapy Association of Australia (STAA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements**1. Professional indemnity insurance**

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.

Provider Type: Traditional Chinese Medicine Therapist

Minimal educational qualifications

Completed a recognised course, which consists of:

- 150 hours of shiatsu theory and practice
- 100 hours of Traditional Chinese Medicine theory
- 100 hours of Health Sciences, including anatomy and physiology, etiology and pathology
- 100 hours of supervised clinical practice

Any educational qualifications attained by completing a correspondence only course and/or clinical training not conducted under supervision won't be recognised.

Overseas qualifications must at least equate to Australian qualifications.

Association membership requirements

In addition to completing the minimum education requirements, members must be a member of at least one of the following recognised provider associations or professional organisations:

- Australian Acupuncture Chinese Medicine Association (AACMA)
- Australian College of Acupuncturists (ACAL)
- Australian Natural Therapists Association (ANTA)
- Australian Traditional Chinese Medicine Association (ATCMA)
- Australian Traditional Medicine Society (ATMS)
- Federation of Chinese Medicine and Acupuncture Societies of Australia (FCMA)

Grandfather/Prior learning recognition

Where a member has been trained prior to the availability of courses at the minimum standard, ahm will accept the member for recognition where the Association has accepted the member for a level of membership that is recognised by ahm.

Compulsory additional requirements

1. Professional indemnity insurance

Possession of current professional indemnity insurance of \$1,000,000 minimum per claim. The professional indemnity insurance policy must cover each practice and each modality.

2. First Aid certificate

Possession of a current First Aid certificate.